**My Health Online**

Patients can take a greater involvement in their own healthcare via the internet, in a similar way to shopping or banking online.****

**My Health Online gives patients the opportunity**

* to book GP appointments
* order repeat prescriptions
* update their general details such as change of address

**all from the convenience of your own computer or device.**

**Advantages of online services include:**

* No hanging on the phone, waiting to get through to the GP surgery
* Convenient access to GP services from home or work — or anywhere with internet access
* Reduced administration for the GP practice

You need to call into your GP practice and sign up. Your GP will issue you with a registration letter.